



Hints and Tips for a Safe Litter Pick or Beach Clean

Follow our guide so you have a good experience with your class. We advise that you also complete a risk assessment in accordance with your school policy and follow the recommendations from that too.

Make sure your class:-

- *Dress for the weather* – they should wrap up well if it's cold or windy, waterproof coats and boots if rainy and loose clothing with a hat if hot and sunny;
- *Can be seen* – everyone needs to wear a high vis vest;
- *Stay safe* – children should not pick litter on slippery or steep surfaces;
- *Avoid nettle, thorny hedges and bramble patches* – guard against scratches and carry a first aid kit in case they do get scratched;
- *Drink plenty of water* – children should bring water bottles (refillable of course!);
- *Wear sunscreen and hats* – even a cloudy day can burn fair skinned people;
- *Don't go on roads* – warn children not to go near roads, unless you have other plans for this, for example small village schools which usually walk in lanes with traffic control in place.
- *Check tide times if beach cleaning*