

BONSTER THE HUNGRY MONSTER



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Bonster was bored and HUNGRY, he was sitting with his friends on a planet called LeftOverLand, with nothing to do and nothing to eat.

LeftOverLand used to be a wonderful place to live. The monsters living there were never hungry - they could snack on old teabags, scoff chunks of stale old bread and wolf down potato peelings and gobble up coffee grounds.

But things had changed, leftovers were running out and sometimes they had to eat horrible ordinary food like cake and biscuits.

They had no choice - one of the monsters had to go in search of a planet with more wasted food and Bonster was chosen!



Bonster was going to travel in a space rocket, which looked a bit like an old tin can.



He only had a few days' supply of food - some lettuce leaves, apple cores and mouldy cheese. He climbed nervously on board.

As the rocket took off, he closed his yellow eyes and hoped for the best...

WHOOOOSH

went the rocket, up and up until Bonster could no longer see LeftOverLand.

After a long and bumpy ride the rocket began to go slower and slower until...

BANG!

His rocket crashed into something and stopped.

SPLUTTER!

It was so dark, where was he?

Luckily Bonster's landing had been soft and he wasn't hurt. He squeezed out of the rocket and could feel squishy stuff underneath him.

Bonster reached above him and he could feel something solid which he pushed against. It opened and his eyes were nearly blinded by the sunlight.

He peeped out - oohh it was beautiful - he saw green trees and an amazing blue sea in the distance. They only had sludgy brown seas in LeftOverLand and spiky black trees.

Then he realised he had landed inside a black wheelie bin! He jumped down to the ground and started to wander up the road.





As he wandered along, Bonster saw different types of bins and boxes which he peered into. Some had shiny black bags inside - BORING! Some had glass jars and plastic bottles and newspapers inside - BORING!

Then he spotted a smaller bin which, to his delight, had his FAVOURITE food inside. He couldn't believe it! There were eggshells, fish skins, carrot peelings, and stale bread crusts. He ate them ALL up - yum yum yum! BUT, afterwards he was still hungry.

He turned and saw a girl and boy looking at him in surprise. "Hello, my name's Bonster," he called out. "Have you got any old food to eat? I'm super hungry." The girl stepped forward, "Hello. My name's Jo and this is Todd," she said.

"Wouldn't you prefer nice fresh food to eat?" Jo asked. "NOOOOO" growled Bonster, "I don't want any of that new stuff, I want mouldy old food please."

"Come with us!" said Todd. They went to their house to look for some Bonster food. Dad was in the kitchen, "This is Bonster. He likes to eat old food waste." Said Jo. "He's super hungry, please can he stay?"

"I'll be very helpful," said Bonster "I'll eat up all of your old food waste, so it doesn't go in the black rubbish bags. I don't take up much space!"

"Ok then," sighed dad "BUT you two need to look after him and make sure that he gets fed." "Yessss!" cried the children and they helped Bonster to sit on the worktop near to the sink.

The children fed him every day with old eggshells, tea bags, bread crusts and vegetable peelings. He was very happy sitting there helping his new friends look after their beautiful planet.



Why not make this the year that you recycle all your food waste?

It's easy to get into the habit and it actually makes you very aware of the food that you are throwing away.

Did you know that you can use any plastic bag to line your kitchen food caddy, such as a bag that your bread came in or one that you got your fruit or veg in?

The stuff that goes into your food waste bin, which is emptied every week, can be the smelly part of your rubbish. By recycling food scraps every week, you'll stop your rubbish bin (which is emptied every other week) becoming whiffy.

Most food scraps can go in it, including raw and cooked food, stale or out of date food, leftovers and even uneaten pet food!

The main things that can go in to your food waste bin are:

- Dairy products and egg shells
- Stale bread / crusts
- Cake and pastry scraps
- Meat, fish and bones
- Tea and coffee grounds
- Fruit and vegetable peelings / cores
- Rice / pasta / beans
- Plate scrapings



If you don't have a kitchen food caddy or a larger caddy for outside, you can get these by completing an online form on **South Ham's website**. Click here:

