Hints and Tips for a Safe Litter Pick or Beach Clean

Follow our guide so you have a good experience with your class. We advise that you also complete a risk assessment in accordance with your school policy and follow the recommendations from that too.

Make sure your class:-

- **Dress for the weather** – they should wrap up well if it’s cold or windy, waterproof coats and boots if rainy and loose clothing with a hat if hot and sunny;

- **Can be seen** – everyone needs to wear a high vis vest;

- **Stay safe** – children should not pick litter on slippery or steep surfaces;

- **Avoid nettle, thorny hedges and bramble patches** – guard against scratches and carry a first aid kit in case they do get scratched;

- **Drink plenty of water** – children should bring water bottles (refillable of course!);

- **Wear sunscreen and hats** – even a cloudy day can burn fair skinned people;

- **Don’t go on roads** – warn children not to go near roads, unless you have other plans for this, for example small village schools which usually walk in lanes with traffic control in place.

- **Check tide times if beach cleaning**