



## Activity 12 – Reuse Olympics!

Use items from around the house and from your recycling to hold your own Reuse Olympics!

You will need:

- Your imagination!
- Materials and objects from your home
- An open space such as a room or garden

Check the Ideas and Inspiration sheet at the end of the worksheet for a full list of objects and materials used.

### **Safety Tips:**

- Watch out for sharp edges and things you could trip over!
- If it's raining, most activities can be moved indoors if you have enough space.
- If using items from your recycling, ensure they are clean and dry.

### **Instructions:**

1. Have a look at the 'Ideas and Inspiration' part of the worksheet to get some ideas for games you could design and play.
2. Gather things you will need for your games from around your house, garden and recycling containers.
3. Set up your games in your garden, or inside if it is raining and you have enough space.
4. Does your game need a rule or instructions? Decide what the rules or instructions will be.
5. Play your games!
6. When you finish, remember to put things back where you found them (including the recycling!)



Time required: 1-2 hrs

Suitable for all ages



Share your pictures with us on Facebook, Twitter or Instagram by tagging @RecycleDevon #recycledevon

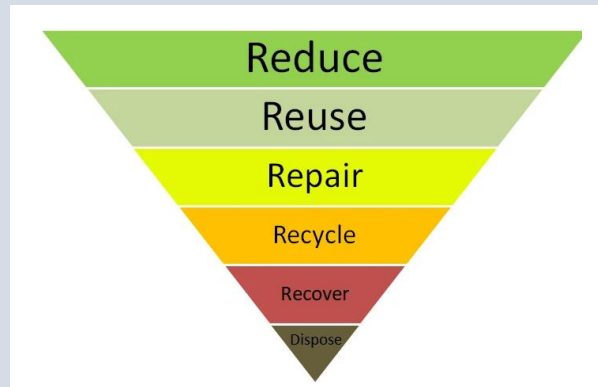


## DID YOU KNOW?

The **waste hierarchy** is a way to sort the choices we have when dealing with our waste, from best to worst for the environment.

Reduce > Reuse > Repair > Recycle > Recover > Disposal

By *reducing* the amount of toys and games you buy and making your own and *reusing* materials you are helping to create less waste!



## Extension Activities:

- If you decide to give the egg and spoon race a go, why not make your hard-boiled eggs into an egg salad sandwich to tuck into after the games!
- Why not make your own beanbags to use in your games? Beanbags can be made by using scrap fabric or an old tshirt, needle and thread and a filling such as dried beans, lentils or rice! Watch a youtube tutorial here: <https://www.youtube.com/watch?v=An9MHTmFIlg>

## Reduce, Reuse and Recycle!

- If you use recyclable items in your games, remember to put them in the correct container when you are finished with them and ready to recycle!

Find out what you can recycle in your local area on the Recycle Devon website:

<https://www.recycledevon.org/recycling-collections>

- Reuse shops at Household Waste Recycling Centres and Charity Shops are a great place to find used games and toys.



## Home Schooling

This activity will help children in Key Stage 1 and 2 develop their creative skills, explore their ideas and bring them to life, linking to both the Art and Design and Design and Technology parts of the curriculum.

This activity will help children of all ages to be more active, get moving and get involved in a range of physical activity, such as running, jumping and help to develop co-ordination.

Share your pictures with us on Facebook, Twitter or Instagram by tagging @RecycleDevon #recycledevon





## Reuse Olympics: Ideas and Inspiration

If you don't have some of these items, swap them for something you do have.  
You can use objects to mark out finish lines, tracks and guides.

### Egg and Spoon Race

#### You'll need:

- Wooden spoon, or regular spoon
- Hard boiled egg or a wobbly object that fits in your spoon!

#### How to:

- Set up a start and finish line.
- Race to the finish line with your spoon, but not too fast, your egg might fall off!



### Teabag Toss

#### You'll need:

- Used teabags
- Container or box to throw them in

#### How to:

- Place your box down and decide how far you will throw the teabags from.
- How many can you get in the box? Too easy? Increase the distance between you and the box!



### Knock 'Em Down

#### You'll need:

- At least 6 empty cans, tins or plastic bottles that can be stacked
- Ball or beanbag

#### How to:

- Arrange your cans in a pyramid, as shown in the picture.
- See how many you can knock down!



### Obstacle Course

#### You'll need:

- Twigs, branches or a broom for poles
- Containers or boxes to balance poles on
- A sheet or blanket

#### How to:

- Arrange different obstacles around the garden and see how fast you can complete it!
- Adjust the height of your poles by stacking boxes

